

Livingston Competition

Well done to those who took part in the Livingston competition especially Kieran Sharp, Cameron Thomson and Graham MacPhee who won the junior Team Sparring event. Keiran also won Bronze in Pattern. Cameron took Silver in Sparring and Graham Gold in Sparring and Bronze in Pattern. Kirsty Summers and Rachelle Fawcett both won Gold in their respective Sparring divisions. Next comp for Korean Kickboxing is on 23rd May in Wishaw, ISKA event.

Umpires Course

The UKTF will host this in Inverness on May 16th & 17th. Open to Red and Blackbelts over 18. 16-18 years can participate but will not be certified.

British Championships

This will be held at Bells Sports Centre, Perth on the 13th June 2009 We are looking at running a bus along with Nairn and Inverness schools. Please note your interest with Instructors if you are interested. Continuous sparring instead of points will be for Blue belts and above + 13 years of age.

Seminar

The seminar booked for the 23rd May has been re-scheduled to the 7th of June. Apologies for change of date. This is open to all coloured belts at a cost of £35 and will be for 3 hours duration. Booking available now.

European Championships

This was a huge success with nearly 500 competitors taking part. Master D is part of the AETF Umpire Committee who organised the event. Maree McDonough and Greig Sim who were part of the Scottish National Team had a really good tournament with the Ladies team reaching the quarter finals in Sparring and Power events. More details and photos by going to Web address www.tkdspport.co.uk and following links to AETF.

Grand Master

Master Tom MacCallum from Scotland was promoted to 9th Degree Grand Master by the ITF for his continued work and support in Taekwon-do. Saseong MacCallum was General Choi's personal advisor and secretary for many years and has travelled all over the world before semi-retiring to his native Scotland. Also promoted to Grand Master was Master Marano and Master Trajenberg from Argentina and Master Dakak from Paraguay. Congratulations to all of them from the Forres School.

Tuesday-Thursday Training

Tuesday and Thursdays from 5.30-6.30 will be made available for those wanting to work on technical training, patterns and power with Tuesdays being Sparring training